

## FARM FRESH EGGS

**2 eggs, homefries & toast or bagel** 5.50

- add breakfast meat or avocado 2.00

**3-egg OMELET, homefries & toast or bagel** 7.25

- add side of bacon, sausage, scrapple, turkey-sausage, porkroll or ham 2.00

- fill your omelet with cheese, tomato, onion, green pepper, mushrooms, spinach, broccoli + .50

- fill your omelet with any of the above meats, goat cheese, asparagus, feta or avocado +2.00

**eggs benedict** ~ poached eggs, canadian bacon, english muffin, hollandaise, homefries 10.95

**nova benedict** ~ poached eggs, nova lox, english muffin, hollandaise, homefries 13.95

**avocado benedict** ~ poached eggs, avocado, tomato, english muffin, hollandaise, homefries 11.95

## FRUITS & GRAINS

**avocado toast** ~ fresh seasoned smashed avocado on multigrain toast 5.45

- add an egg 1.75

- add tomato 1.00

- add bacon 2.00

**yogurt parfait** ~ lowfat vanilla yogurt with granola 3.25

**berry parfait** ~ lowfat vanilla yogurt with granola and fresh seasonal berries 4.95

**cereal with milk** ~ 3.25

- add banana 1.00

**oatmeal** ~ 3.45

- add banana 1.00

**smoothies**

- lowfat vanilla yogurt & fresh fruit 4.95

- smoothie of the day

## MORNING SUNSHINE ALL DAY

### HOT OFF THE GRIDDLE

buttermilk pancakes (3) 6.95

challah french toast 6.95

cinnamon bun french toast 7.25

belgian waffle 6.25

**to any of the above:**

- add blueberries +.75

- add banana +.75

- add chocolate chips +.50

- add nutella +1.00



### HOT BAGELS BAKED FRESH DAILY

plain, poppy, sesame, everything, egg, marble, cinnamon-raisin, multigrain 2.25

#### add a schmear

plain or light cream cheese 1.00

vegetable cream cheese 1.50

chives cream cheese 1.50

spread of the day 1.75

#### add fish

with tomato, onion & cucumber

lox spread 5.95

nova & choice of schmear 11.45

whitefish salad & choice of schmear 7.95

kippered salmon & choice of schmear 11.45

sable & choice of schmear 14.95

#### bagel eggwiches

fried or scrambled 3.45

scrambled egg-whites 4.45

- add american, lite american, swiss, cheddar, provolone .50

- add bacon, sausage, turkey-sausage, ham, porkroll, scrapple 1.50

**SUBSTITUTE  
egg whites  
+1.00**

**SUBSTITUTE  
gluten-free  
toast  
+1.00**

## HEARTY CLASSICS

### potato latkes

with sour cream or applesauce 8.95

### cheese blintzes

with hot cherries or sour cream 8.95

### creamed chipped beef

over white toast with homefries 8.95

### breakfast burrito

scrambled eggs, tomatoes, onions & cheddar in a grilled tortilla with homefries 7.95

- add bacon or sausage 2.00

### nova & onion scramble

scrambled or pancake style eggs with chopped nova lox & onions, with homefries 12.95

### fried matzo

grilled matzo & eggs 7.95

- with nova & onions 11.95

- with kosher salami 10.95

### pepper & egg

4 scrambled eggs & fried green peppers on a long roll 6.95

**ask  
for our  
kids'  
menu**

### A LA CARTE

side of toast or english muffin 1.50

side of breakfast meat 3.50

single egg 1.75

single pancake 2.95

## BEVERAGES

regular or decaf coffee or tea 1.95

hot chocolate 1.95

milk ~ white or chocolate 1.95

juices ~ orange, apple, V-8, cranberry

- small 1.45

- large 2.95